



Kindergarten Parents!

Kids need shots to start kindergarten and need a complete health check-up for school.

Get your child ready to learn and do his or her best!

Make an appointment for a check-up and have the doctor fill out the attached form.

Take the form back to school.

Money problems? You may qualify for a free exam. Talk to your doctor or call 225-5122. Your child is all set!

Questions? Need help finding a doctor? Shasta County Public Health, Child Health & Disability Prevention Program (CHDP) can help!

**Call CHDP at 225-5122
Or 1-800-300-5122**



SHASTA COUNTY DOCTORS & CLINICS - 2024
That Provide CHDP Health Assessments
Shasta County Public Health – CHDP Program 225-5122 or 1-800-300-5122

These providers may have room for Medi-Cal patients. Some offices may have age limits on children. **Please call the office for specific information.**

ANDERSON

Anderson Medical
Associates
2830 East St.
530-365-2545

Shasta Community Health
Center
2965 East St.
530-378-0486

REDDING

Center of Hope - Hill Country
Clinic
1201 Industrial Street
530-241-4100

Churn Creek Health Center
3184 Churn Creek Rd.
530-224-2700 or 530-768-2436

BURNEY

Burney Health Center
37491 Enterprise Dr.
530-335-5457

Pit River Health Services
36977 Park Ave.
335-3651 or (800) 843-7447

COTTONWOOD

Lassen Medical Group
20833 Long Branch Dr.
530-347-3418

FALL RIVER MILLS

Fall River Valley Health Clinic
Hospital Annex-Hwy 299E
530-336-6535

ROUND MOUNTAIN

Hill Country Health &
Wellness 29632 Hwy 299E
530-337-6243

SHASTA LAKE CITY

Shasta Community Health
Center
4215 Front St.
530-246-5896

SHINGLETOWN

Shingletown Medical Center
31292 Alpine Meadows
530-474-3390

Mercy Family Health Center
2480 Sonoma St.
530-225-7800

Redding Rancheria Tribal
Health

1441 Liberty St.
530-224-2700

(Native Americans and their
households)

PARENTS!
PLAN AHEAD!

**Give Your Child a
Healthy Start**



**Children starting
Kindergarten or
First Grade need a
Health Exam
And
Immunizations**

Shasta County Public Health
Child Health & Disability
Prevention - CHDP
(530) 225-5122

It's the Law!

California **requires** that every child entering first grade have a health exam.

Immunizations should be done by the time children enter Kindergarten.



If you do not want your child to have a health exam, you must sign a waiver form at the school

Healthy Children Learn Better!

Children may look well but have hidden health problems. If a health problem is found early, it can often be treated more easily.

Give your child a healthy and happy start in school. Schedule the health exam now!

Free Health Check-Ups

- Children who receive Medi-Cal are eligible for a free exam. Uninsured children from low to moderate income families may also be eligible. Many working families do qualify.
- Call the Child Health & Disability Prevention (CHDP) program to find out if you qualify.

Where to go?

Many private doctors do CHDP check-ups. If you qualify for a free CHDP check-up, you can make an appointment with your doctor, if he is a CHDP provider, or one of the doctors or clinics listed on the back. Call early for an appointment ... Don't wait until the last minute!

Need Help?

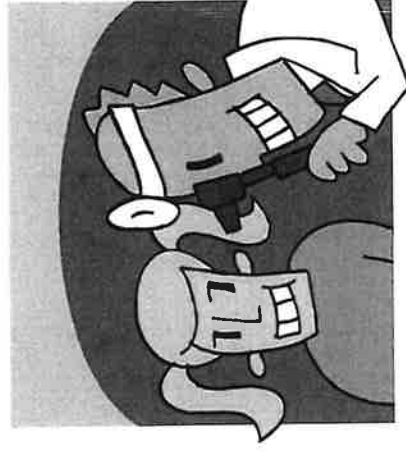
- Finding a Doctor
- Making an appointment

Call CHDP
(530) 225-5122

What does the Dr. do?

The health check-up includes:

- A head-to-toe physical exam
- Dental screening
- Growth & Nutrition assessment
- Hearing & Vision screening
- Urine & blood tests
- TB skin test
- Immunizations, as needed



Make sure to take the Report of Health Examination for School Entry form to the doctor to be filled out, then return it to school.

Junction Elementary School District

Clay Ross, Superintendent

Junction School

9087 Deschutes Rd.

Palo Cedro, CA 96073

Phone: (530) 547-3276

Fax: (530) 547-4080

www.junctionesd.net



Christopher Nelson, Principal

Board Members:

Hope Bjerke

Heather Richards

Ken Parisot

Clint Snyder

Kelly Lindblom

January, 2024

Dear Parent or Guardian:

Re: New immunization requirements for 2016

Under a new law known as SB 277, beginning January 1, 2016 exemptions based on personal beliefs, including religious beliefs, will no longer be an option for the vaccines that are currently required for entry into child care or school in California. Most families will not be affected by the new law because their children have received all required vaccinations. Personal beliefs exemptions on file for a child already attending child care or school will remain valid until the child reaches the next immunization checkpoint at kindergarten (including transitional kindergarten) or 7th grade.

For more information about SB 277, please see the Frequently Asked Questions available at: <http://www.shotsforschool.org/laws/sb277faq/>.

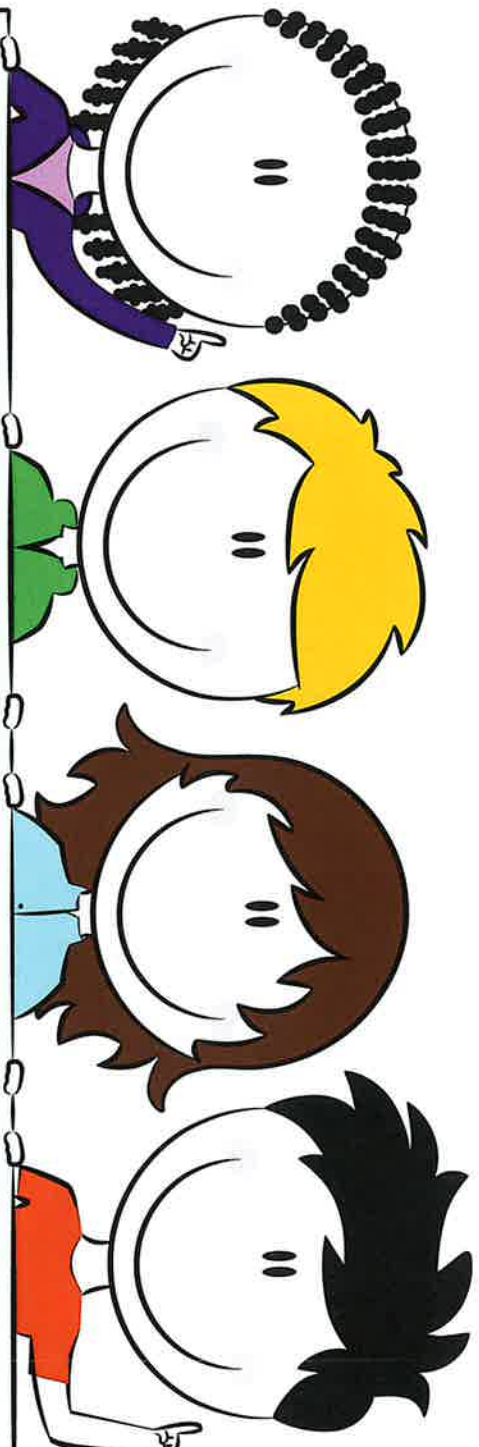
For more information about school immunization requirements and resources, please visit the California Department of Public Health's website at www.shotsforschool.org, or contact your [local health department](#) or [county office of education](#).

Thank you for helping us to keep our children and community healthy.

Sincerely,

Chris Nelson
Principal

No Shots? No Records? No School.



**Children will not be enrolled
unless an immunization record
is presented and
immunizations are up-to-date.***

**If your child is unimmunized due to medical reasons, please notify us.*

Go to **ShotsForSchool.org** to access information about immunization requirements, an interactive school look-up tool, implementation materials for schools, and educational materials for parents.

 **SHOTSFOR SCHOOL**

REQUIRED IMMUNIZATIONS FOR SCHOOL ENTRY

Please bring your child's immunization records with you at the time of registration. You may view and print a digital copy of your child's California vaccine record at: MyVaccineRecord.CDPH.CA.gov

Students Entering Transitional Kindergarten or Kindergarten Need:

- ☐ **Diphtheria, Tetanus, and Pertussis (DTaP, DTP, Tdap or Td) — 5 doses**
4 doses OK if one was given on or after 4th birthday;
3 doses OK if one was given on or after 7th birthday.
- ☐ **Polio (IPV or OPV) — 4 doses**
3 doses OK if one was given on or after 4th birthday.
- ☐ **Hepatitis B — 3 doses**
- ☐ **Measles, Mumps, and Rubella (MMR) — 2 doses**
Both doses must be given on or after 1st birthday.
- ☐ **Varicella (Chickenpox) — 2 doses**

New and Transfer Students Entering TK/K-12th Grade Need:

- ☐ **All immunizations listed above**
For 7th-12th graders: at least 1 dose of pertussis-containing vaccine is required on or after 7th birthday.
Hepatitis B vaccine is required for any grade, except for entry into 7th grade.

Students Starting 7th Grade Need:

- ☐ **Tetanus, Diphtheria, Pertussis (Tdap) — 1 dose**
- ☐ **Varicella (Chickenpox) — 2 doses**

What other immunizations should I ask my health care provider about?

When you visit your health care provider for back-to-school immunizations, make sure to also ask about other vaccines that help keep your child healthy, including **hepatitis A, COVID-19, and the annual flu vaccine**. Preteens and teens should also get the **human papillomavirus (HPV) vaccine** to protect against certain cancers and **meningococcal vaccines**.

Learn more about [vaccines your child needs according to their age](https://bit.ly/CDCVaccinesByAge) (bit.ly/CDCVaccinesByAge) and [where you can get your child immunized](https://bit.ly/Where2BVaxed) (bit.ly/Where2BVaxed).

Pre-Kindergarten



(any private or public child care center, day nursery, nursery school, family day care home, or development center)

Doses required by age when admitted and at each age checkpoint after entry¹:

Age When Admitted	Total Number of Doses Required of Each Immunization ^{2,3}			
2 through 3 months	1 Polio	1 DTaP	1 Hep B	1 Hib
4 through 5 months	2 Polio	2 DTaP	2 Hep B	2 Hib
6 through 14 months	2 Polio	3 DTaP	2 Hep B	2 Hib
15 through 17 months	3 Polio	3 DTaP	2 Hep B	1 Varicella
	On or after the 1st birthday:			1 Hib ⁴ 1 MMR
18 months through 5 years	3 Polio	4 DTaP	3 Hep B	1 Varicella
	On or after the 1st birthday:			1 Hib ⁴ 1 MMR

1. A pupil's parent or guardian must provide documentation of a pupil's proof of immunization to the governing authority no more than 30 days after a pupil becomes subject to any additional requirement(s) based on age, as indicated in the table above (Table A).
2. Combination vaccines (e.g., MMRV) meet the requirements for individual component vaccines. Doses of DTP count towards the DTaP requirement.
3. Any vaccine administered four or fewer days prior to the minimum required age is valid.
4. One Hib dose must be given on or after the first birthday regardless of previous doses. Required only for children who have not reached the age of five years.

DTaP = diphtheria toxoid, tetanus toxoid, and acellular pertussis vaccine

Hib = Haemophilus influenzae, type B vaccine

Hep B = hepatitis B vaccine

MMR = measles, mumps, and rubella vaccine

Varicella = chickenpox vaccine

Instructions:

California pre-kindergarten (child care or preschool) facilities are required to check immunizations for all new admissions and at each age checkpoint.

Unconditionally Admit a pupil age 18 months or older whose parent or guardian has provided documentation of any of the following for each immunization required for the pupil's age as defined in the table above:

- Receipt of immunization.
- A permanent medical exemption.*

Conditional Admission Schedule for Pre-Kindergarten

Before admission a child must obtain the first dose of each required vaccine and any subsequent doses that are due because the period of time allowed before exclusion has elapsed.

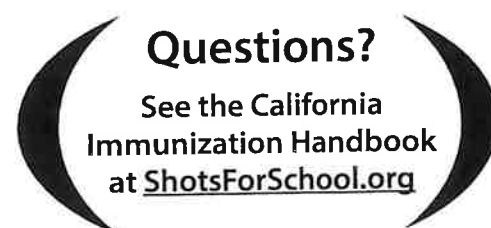
Dose	Earliest Dose May Be Given	Exclude If Not Given By
Polio #2	4 weeks after 1st dose	8 weeks after 1st dose
Polio #3	4 weeks after 2nd dose	12 months after 2nd dose
DTaP #2, #3	4 weeks after previous dose	8 weeks after previous dose
DTaP #4	6 months after 3rd dose	12 months after 3rd dose
Hib #2	4 weeks after 1st dose	8 weeks after 1st dose
Hep B #2	4 weeks after 1st dose	8 weeks after 1st dose
Hep B #3	8 weeks after 2nd dose and at least 4 months after 1st dose	12 months after 2nd dose

Conditionally Admit any pupil who lacks documentation for unconditional admission if the pupil:

- has commenced receiving doses of all the vaccines required for the pupil's age (table on page 1) and is not currently due for any doses at the time of admission (as determined by intervals listed in the Conditional Admission Schedule, column entitled "EXCLUDE IF NOT GIVEN BY"), or
- is younger than 18 months and has received all the immunizations required for the pupil's age (table on page 1) but will require additional vaccine doses at an older age (i.e., at next age checkpoint), or
- has a temporary medical exemption from some or all required immunizations.*

Continued attendance after conditional admission is contingent upon documentation of receipt of the remaining required immunizations. The pre-kindergarten facility shall notify the pupil's parent or guardian of the date by which the pupil must complete all remaining doses.

*In accordance with 17 CCR sections 6050-6051 and Health and Safety Code sections 120370-120372.



REPORT OF HEALTH EXAMINATION FOR SCHOOL ENTRY

To protect the health of children, California law requires a health examination on school entry. Please have this report filled out by a health examiner and return it to the school. The school will keep and maintain it as confidential information.

PART I TO BE FILLED OUT BY A PARENT OR GUARDIAN

CHILD'S NAME—Last	First	Middle	BIRTH DATE—Month/Day/Year
ADDRESS—Number, Street		City	SCHOOL
ZIP code			

PART II TO BE FILLED OUT BY HEALTH EXAMINER**HEALTH EXAMINATION**

NOTE: All tests and evaluations except the blood lead test must be done after the child is 4 years and 3 months of age.

REQUIRED TESTS/EVALUATIONS	DATE (mm/dd/yy)
Health History	/ /
Physical Examination	/ /
Dental Assessment	/ /
Nutritional Assessment	/ /
Developmental Assessment	/ /
Vision Screening	/ /
Audiometric (hearing) Screening	/ /
TB Risk Assessment and Test, if indicated	/ /
Blood Test (for anemia)	/ /
Urine Test	/ /
Blood Lead Test	/ /
Other	/ /

IMMUNIZATION RECORD

Note to Examiner: Please give the family a completed or updated yellow California Immunization Record.

Note to School: Please record immunization dates on the blue California School Immunization Record (PM 286).

VACCINE	DATE EACH DOSE WAS GIVEN				
	First	Second	Third	Fourth	Fifth
POLIO (OPV or IPV)					
DtaP/DTP/DT/Td (diphtheria, tetanus, and [acellular] pertussis) OR (tetanus and diphtheria only)					
MMR (measles, mumps, and rubella)					
HIB MENINGITIS (Haemophilus Influenzae B) (Required for child care/preschool only)					
HEPATITIS B					
VARICELLA (Chickenpox)					
OTHER (e.g., TB Test, if indicated)					
OTHER					

PART III ADDITIONAL INFORMATION FROM HEALTH EXAMINER (optional)**RESULTS AND RECOMMENDATIONS**

Fill out if patient or guardian has signed the release of health information.

- ☐ Examination shows no condition of concern to school program activities.
- ☐ Conditions found in the examination or after further evaluation that are of importance to schooling or physical activity are: (please explain)

RELEASE OF HEALTH INFORMATION BY PARENT OR GUARDIAN

I give permission for the health examiner to share the additional information about the health check-up with the school as explained in Part III.

☐ Please check this box if you **do not** want the health examiner to fill out Part III.

Signature of parent or guardian

Date

Name, address, and telephone number of health examiner

Signature of health examiner

Date

If your child is unable to get the school health check-up, call the Child Health and Disability Prevention (CHDP) Program in your local health department. If you do not want your child to have a health check-up, you may sign the waiver form (PM 171 B) found at your child's school.

WAIVER OF HEALTH EXAMINATION FOR SCHOOL ENTRY

CHILD'S NAME—Last		First	Middle	DATE OF BIRTH—Month/Day/Year	
ADDRESS—Number, Street		City	ZIP Code	SCHOOL	Teacher

PARENT OR GUARDIAN:

Please fill out this form if you want to excuse your child from the health examination required by California law for school entry. SIGN AND RETURN THIS FORM TO THE SCHOOL where it will be maintained as confidential information.

NOTE: SIGNING THIS WAIVER DOES NOT EXCUSE YOUR CHILD FROM RECEIVING THE IMMUNIZATIONS REQUIRED BY CALIFORNIA LAW FOR CHILDREN IN SCHOOL. ALSO, SIGNING THIS WAIVER WILL NOT DENY YOUR CHILD THE VISION AND HEARING TESTS DONE BY THE SCHOOL.

I have been informed about the health examination recommended by health professionals and required by state law. I have been informed about where my child can receive a health examination and about the income levels for receiving it at no cost to me.

Please check one of the following:

☐ I choose not to have my child receive a health examination as part of the school entry requirement.

☐ I would like my child to receive a health examination, but I am unable to obtain it.

Reason (see Health and Safety Code, Section 124085): _____

Signature of parent or guardian

Date

INQUIRE AT THE SCHOOL OFFICE OR YOUR LOCAL HEALTH DEPARTMENT IF YOU WANT MORE INFORMATION.

CHDP website: www.dhcs.ca.gov/services/chdp

What Does CHDP Offer?

The CHDP Program helps prevent or find health problems through regular, no cost, health check-ups. A check-up includes:

- Health and developmental history
- Physical exam
- Vaccines
- Oral health assessment and referral to a dentist by age 1
- Nutrition screening
- Developmental and behavioral screenings
- Vision screening
- Hearing screening
- Health education
- Lab tests: anemia, lead and tuberculosis
- Referral to Women, Infants, and Children (WIC) program for children up to age 5

Other Services

The CHDP program can help you find:

- Dentists that accept Medi-Cal Dental for the care of your child's teeth
- Medical specialists
- Behavioral health services

Diagnosis and treatment can be paid for as long as your child has Medi-Cal.

Information

Contact your local CHDP office for more information about CHDP or if you need:

- Access to medical and dental doctors
- Help setting up an appointment
- Transportation resources
- Behavioral health services

You can find your local CHDP office by visiting the California Department of Health Care Services website at:

www.dhcs.ca.gov/services/chdp

Shasta County Health and Human Services Agency - Public Health Branch

Child Health and Disability Prevention Program
2660 Breslauer Way
Redding, CA 96001
530-225-5122



Governor, Gavin Newsom
State of California

English

Child Health and Disability Prevention (CHDP) Program

Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

Medical and Dental Health Check-ups



FREE

For Babies, Children, and Youth under age 21 with Full Scope Medi-Cal or under age 19 with Low Family Income. No proof of legal status is required to receive CHDP services.

Why Get Health Check-ups?

Health check-ups are important for all children and youth. Health check-ups are a time to:

- Find and address medical, dental and behavioral health problems
- Get vaccines
- Ask your doctor questions

Health check-ups can be used for foster care, sports, camp or school entry.



Who Qualifies?

- Children and youth under age 21 who are eligible and/ or enrolled in Medi-Cal.
- Children and youth under age 19 with family income less than or equal to the current Federal Income Guidelines.
- No proof of income or legal status is required for CHDP services.

Babies and Toddlers Birth through 3 years

Regular health check-ups keep your baby happy and healthy. You will find out about your baby's growth, weight, health, and vaccinations. At your baby's health check-up your baby needs to:

- Be tested for lead and anemia
- Be screened for behavioral and developmental health
- Have a vision acuity screening beginning at age 3
- See a dentist for exams and fluoride varnish application every 6 months starting by age 1 or as soon as their first tooth comes in

In addition, your baby is eligible to:

- Receive 3 applications of fluoride varnish every year from your CHDP doctor to prevent cavities



Keep your child healthy by going to health check-ups.

During health check-ups the doctor can find and treat problems before they become serious.

School Children 4 through 12 years

Your child needs to be healthy and ready to learn. State laws require children to be up-to-date on their vaccines. Your child needs to receive the following services:

- Lead test before age 6
- Behavioral and developmental health screenings
- Hearing and vision screenings
- Dental exam every 6 months
- Fluoride application 2 times per year by your dentist and 3 times per year from your CHDP doctor until age 6

Teens and Young Adults 13 through 20 years

Teens need health check-ups too! This is a chance to make sure your teen is growing and developing well physically and emotionally. It is a time for you or your teen to ask the doctor questions. Your teen also needs to see a dentist every 6 months.



**Shasta County Health & Human Services
Public Health Branch**

Immunization Clinic Schedule

**2650 Breslauer Way
(530) 225-5591**

Monday 8:00 – 11:30 a.m. and 1:00 – 4:00 p.m.

Tuesday 8:00 – 11:30 a.m. and 1:00 – 4:00 p.m.

Wednesday 8:00 – 11:30 a.m.

Thursday 4:00 – 6:00 p.m.

Friday 8:00 – 11:30 a.m.

Appointments Preferred

1/3/2024



Medi-Cal Providers

Child Health & Disability Prevention Program (CHDP)

Health Assessment Providers

These CHDP providers may have room for children on Medi-Cal. Some offices may have age limits on children.
Please call the office for specific information.

**For details on insurance coverage or the Child Health & Disability Prevention Program (CHDP),
call (530) 225-5122.**

ANDERSON

Anderson Medical Associates
2830 East St.
(530) 365-2545

Shasta Community Health Center
2965 East St.
(530) 378-0486

BURNEY

Burney Health Center
37491 Enterprise Dr.
(530) 999-9030

Pit River Health Services
36977 Park Ave.
(530) 335-3651

Mayers Rural Health Center
20641 Commerce Way
(530) 335- 6070

COTTONWOOD

Lassen Medical Clinic
20833 Long Branch Dr.
(530) 347-3418

FALL RIVER MILLS

Fall River Valley Health Center
43658 Hwy 299. E
(530) 999-9020

ROUND MOUNTAIN

Hill Country Health & Wellness
29632 Hwy 299 E.
(530) 337-6243

SHASTA LAKE CITY

Shasta Community Health Center
4215 Front St.
(530) 276-9168

SHINGLETOWN

Shingletown Medical Center
31292 Alpine Meadows Rd.
(530) 474-3390

REDDING

Mercy Family Health Center
2480 Sonoma St.
(530) 225-7800

REDDING CONTINUED

Hill Country Health & Wellness
1401 Gold St., Suite A
(530) 319-7066

Enterprise Family Health &
Vision Center
3270 Churn Creek Rd.
(530) 229-5000

Redding Rancheria Tribal Health
Center
1441 Liberty St.
(530) 224-2700
(Native Americans and their households)

Churn Creek Healthcare
3184 Churn Creek Rd.
(530) 768-2436

Shasta Community Health Center
1035 Placer St.
(530) 246-5710

Center of Hope-Hill Country
Clinic
1201 Industrial St.
530-241-4100



Medi-Cal/VSP Eye Doctors

Child Health & Disability Prevention Program (CHDP)

These optometrists may have room for Medi-Cal patients. Some offices may have age limits on children.
Please call the office for specific information.

ANDERSON

Daniel Bernet, O.D.
2890 Ventura St.
(530) 365-6471
VSP/Medi-Cal

COTTONWOOD

Michael Farrar, O.D.
3650 Main St., Ste C
(530) 347-7347
VSP/Medi-Cal

PALO CEDRO

Palo Cedro Eye Care
9372 Deschutes Rd.
(530) 547-2020
VSP/Medi-Cal

REDDING

Richard Martin
2005 Court St. Ste A
(530) 605-4230
VSP/Medi-Cal

Cooper and Link
3241 Churn Creek Rd.
Redding, CA 96002
(530) 222-2020
VSP/Medi-Cal

Enterprise Optometry Group
Mitch Martin, O.D.
3080 Victor Ave.
(530) 222-3166
VSP/Medi-Cal

Janani Lannin, O.D.
1950 Court St.
(530) 241-0778
VSP/Medi-Cal

Julie L. Gussenhoven
3416 Bechelli Lane
(530) 222-1422
VSP/Medi-Cal

Enterprise Family Health and
Vision
3270 Churn Creek Rd.
530-229-5000
VSP/Medi-Cal

Shasta Eye Medical Group
3190 Churn Creek Rd.
(530) 223-2500
VSP/Medi-Cal

Site for Sore Eyes
555 E Cypress Ave.
(530) 722-9992
VSP

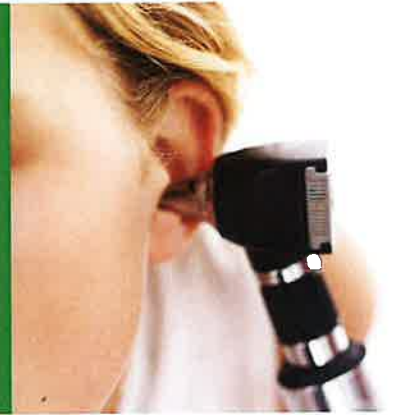
REDDING (Continued)

Costco Vision Center
1300 Dana Dr.
(530) 222-3166
VSP

SHASTA LAKE

Dan's Optical
4624 Shasta Lake Dam Blvd.
(530) 275-8581
VSP/Medi-Cal

Child Health & Disability Prevention Program (CHDP) (530) 225-5122



Audiologists accepting Medi-Cal

These Audiologists *may not* be accepting new clients *please call* to find out.

Audiology Services

Angela Batini, M.S.
2510 Airpark Dr. Ste 101
Redding, CA 96001
(530) 241-6656



Updated 11/08/2023

Junction Elementary School District

Clay Ross, Superintendent

Junction School

9087 Deschutes Rd.

Palo Cedro, CA 96073

Phone: (530) 547-3276

Fax: (530) 547-4080

www.junctionesd.net



Christopher Nelson, Principal

Board Members:

Hope Bjerke

Ken Parisot

Clint Snyder

Kelly Lindblom

Dear Parent or Guardian:

To make sure your child is ready for school, California law, *Education Code* Section 49452.8, now requires that your child have an oral health assessment (dental check-up) by May 31 in either kindergarten or first grade, whichever is his or her first year in public school. Assessments that have happened within the 12 months before your child enters school also meet this requirement. The law specifies that the assessment must be done by a licensed dentist or other licensed or registered dental health professional.

Take the attached Oral Health Assessment/Waiver Request form to the dental office, as it will be needed for your child's check-up. If you cannot take your child for this required assessment, please indicate the reason for this in Section 3 of the form. You can get more copies of the necessary form at your child's school or online from the California Department of Education's Web site at <http://www.cde.ca.gov/ls/he/hn/>. California law requires schools to maintain the privacy of students' health information. Your child's identity will not be associated with any report produced as a result of this requirement.

The following resources will help you find a dentist and complete this requirement for your child:

1. Medi-Cal/Denti-Cal's toll-free number or Web site can help you to find a dentist who takes Denti-Cal: 1-800-322-6384; <http://www.denti-cal.ca.gov>. For help enrolling your child in Medi-Cal/Denti-Cal, contact your local social service agency at (fill in appropriate local contact information, available at <http://www.denti-cal.ca.gov/WSI/Bene.jsp?fname=ProvReferral>.)
2. Healthy Families' toll-free number or Web site can help you to find a dentist who takes Healthy Families insurance or to find out if your child can enroll in the program: 1-800-880-5305 or <http://www.benefitscal.com/>.
3. For additional resources that may be helpful, contact your local public health department at (fill in appropriate local contact information, available at <http://www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx>).

Remember, your child is not healthy and ready for school if he or she has poor dental health! Here is important advice to help your child stay healthy:

- Take your child to the dentist twice a year.
- Choose healthy foods for the entire family. Fresh foods are usually the healthiest foods.
- Brush teeth at least twice a day with toothpaste that contains fluoride.
- Limit candy and sweet drinks, such as punch or soda. Sweet drinks and candy contain a lot of sugar, which causes cavities and replaces important nutrients in your child's diet. Sweet drinks and candy also contribute to weight problems, which may lead to other diseases, such as diabetes. The less candy and sweet drinks, the better!

Baby teeth are very important. They are not just teeth that will fall out. Children need their teeth to eat properly, talk, smile, and feel good about themselves. Children with cavities may have difficulty eating, stop smiling, and have problems paying attention and learning at school. Tooth decay is an infection that does not heal and can be painful if left without treatment. If cavities are not treated, children can become sick enough to require emergency room treatment, and their adult teeth may be permanently damaged.

Many things influence a child's progress and success in school, including health. Children must be healthy to learn, and children with cavities are not healthy. Cavities are preventable, but they affect more children than any other chronic disease.

If you have questions about the new oral health assessment requirement, please contact Jessica Snyder at 530-547-3276 or by email at jsnyder@junctionesd.net.

Sincerely,



Christopher Nelson
Principal



Medi-Cal Dental Services

Child Health & Disability Prevention Program (CHDP)

These CHDP providers may have room for Medi-Cal patients. Some offices may have age limits on children.
Please call the office for specific information.

If you would like help locating other dentists in Shasta County, please call Medi-Cal at 1-800-322-6384.
For information about insurance coverage or the Child Health & Disability Prevention Program, call (530) 225-5122.

ANDERSON

Anderson Family Health & Dental
Center
2965 East St.
(530) 365-3147

Hill Country Health and Wellness
Center of Hope
1201 Industrial St. Redding, CA 96002
(530) 337-6244 (can text for quick
responses)

Western Dental Orthodontics
1667 Hilltop Dr., Suite E
(530) 223-5500

BURNEY

Pit River Health Services
36977 Park Ave.
(530) 335-3651

Li Min Hou, D.D.S.
1627 Hilltop Dr., Suite A
(530) 223-2989
(Extractions/dentures only)
19 years old and up

SHASTA LAKE CITY

Shasta Community Health Center
4215 Front St.
(530) 276-9129

Mountain Valleys Health Centers
Burney Dental Center
20615 Commerce Way
(530) 999-9031

Lila Wilson, D.D.S.
2100 Hilltop Dr., Suite A
(530) 605-3350
(Children ages 4-12)

RED BLUFF

Northern Valley Indian Health, Inc.
2500 Main St.
(530) 529-2567, ext. 4
(All patients welcome)

FALL RIVER MILLS

Frye Dental Inc
25515 Glenburn Rd.
(814) 777-7861

Redding Rancheria Churn Creek
Wellness and Dental Care Clinic
3110 Churn Creek Rd
Redding, CA 96002
530-768-2490
(Must have history of at least one visit
at one of the Redding Rancheria sites)

Greenville Rancheria Dental
343 Oak St.
(530) 528-3488
(All patients welcome)

ROUND MOUNTAIN

Hill Country Community Clinic
29632 Hwy 299 E.
(530) 337-5750

Redding Rancheria Tribal Health
Dental Clinic
1441 Liberty St.
(530) 226-1750
(Native Americans and their
households)

REDDING

David Lee, D.D.S.
2138 Court St.
(530) 241-1129
(Children 16+)

Shasta Community Health Center
Dental Clinic 1400 Market St., Room
8103
(530) 246-5700

**Registered Dental Hygienists in
Alternative Practice – [RDHAP]**
RDHAPs can provide dental
screenings, sealants, and cleanings,
but cannot provide full-scope dental
treatment.

Rose Johnson, RDHAP
Mobile Clinic – home visits available
(530) 215-6341



Don't forget to schedule your child's required dental assessment!

What is the Kindergarten Oral Health Assessment (KOHA)?

To make sure your child is ready for school, California law requires children to have a dental assessment by **May 31** in either kindergarten or first grade, whichever is their first year in public school.

Why is it important?



Poor oral health can affect a child's attendance, grades and overall performance in school. The KOHA helps ensure children are healthy and ready for a successful school year.

What is a Dental Home?

A dental home is a dental office where you and your child feel safe and comfortable going to.



STEPS TO COMPLETE THE KOHA:

- 1. Look out for a registration form and information from your child's school.**
They will give you a:
 - Letter about the KOHA requirement
 - Form that the dentist will complete during your child's assessment
- 2. Take your child to the dentist by May 31st.** You can visit SmileCalifornia.org/Find-A-Dentist to find a dental home for your family.
- 3. Ask the dentist to fill out the KOHA form at your child's visit.**
- 4. Give your child's school the completed form.**
At this point, you're done with the requirement but not with your child's dental care!

As a Medi-Cal member, your child is covered for two dental check-ups and cleanings a year.



Visit **SmileCalifornia.org** to find your child's dental home today.



Oral Health and School Readiness Fact Sheet

All children enrolled in Medi-Cal have dental coverage, but many parents and guardians may not realize their child has dental benefits or know how to access dental care.

A Child's Oral Health Affects Their Whole Body

Children with poor oral health may:

- Miss more school and receive lower grades than children who don't.
- Develop an infection or other serious health condition.
- Have trouble eating, speaking, and even sleeping due to pain.
- Have low self-esteem.



Dental Check-Ups Are Important for School Readiness

- Establishing good dental care habits at home at a young age is important. However, it is critical to educate families that home care alone is not a substitute for a dental check-up.
- Healthy teeth not only help children eat, speak and sleep better, but also to perform better in school.
- According to a USC study, children with tooth pain were more likely to miss school days and four times more likely to have a low grade-point average when compared to children without oral pain.

The good news is that tooth decay is preventable!

The Kindergarten Oral Health Assessment Requirement

- To make sure children are ready for school, California law requires that children have a dental assessment by **May 31** in either kindergarten or first grade, whichever is their first year in public school.



Medi-Cal Offers Comprehensive Preventive and Restorative Dental Benefits to Both Children and Adults

- Members under the age of 21 are covered for two dental check-ups and cleanings a year.
- Members 21 years of age or older are covered for one dental check-up and cleaning a year.

Connecting Members to a Medi-Cal Dentist

1. Visit [SmileCalifornia.org](https://smilecalifornia.org).
2. Click on the orange "Find A Dentist" button at the top of the page.
3. Search for Medi-Cal dental providers in their area that are accepting new patients.



For additional information on the Medi-Cal Dental Program covered services and oral health resources for every life stage, visit SmileCalifornia.org/School-Readiness.

Waiver of Oral Health Assessment Requirement


Please fill out this form if you need to excuse your child the oral health assessment requirement.
Sign and return this form to the school where it will be kept confidential.

Section 1: Child's Information (Filled out by parent or guardian)

Child's First Name:	Last Name:	Middle Initial:	Child's Birth Date: MM – DD – YYYY
Address:			Apt.:
City:		ZIP code: 	
School Name:	Teacher:	Grade:	Year child starts kindergarten: Y Y Y Y
Parent/Guardian First Name:	Parent/Guardian Last Name:	Child's Gender: <input type="radio"/> Male <input type="radio"/> Female	
Child's Race/Ethnicity:	<div><input type="radio"/> White</div> <div><input type="radio"/> Black/African American</div> <div><input type="radio"/> Hispanic/Latino</div> <div><input type="radio"/> Asian</div> <div><input type="radio"/> Other (please specify)</div> <div><input type="radio"/> Native American</div> <div><input type="radio"/> Multi-racial</div> <div><input type="radio"/> Native Hawaiian/Pacific Islander</div> <div><input type="radio"/> Unknown</div>		

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Section 2: To be filled out by parent or guardian ONLY IF asking to be excused from this requirement

Please excuse my child from the assessment because (check the box that best describes the reason):	
<input type="checkbox"/>	I cannot find a dental office that will take my child's dental insurance plan. My child's dental insurance plan is: <input type="checkbox"/> Medi-Cal <input type="checkbox"/> Covered California <input type="checkbox"/> Healthy Kids <input type="checkbox"/> None <input type="checkbox"/> Other: _____
<input type="checkbox"/>	I cannot afford an assessment for my child.
<input type="checkbox"/>	I cannot find the time to get to a dentist (e.g., cannot get the time off from work, the dentist does not have convenient office hours).
<input type="checkbox"/>	I cannot get to a dentist easily (e.g., do not have transportation, located too far away).
<input type="checkbox"/>	I do not believe my child would benefit from an assessment.
<input type="checkbox"/>	Other (please specify the reason not listed above for why you are seeking a waiver of this assessment for your child): _____ _____
If asking to be excused from this requirement:	
 _____ Signature of parent or guardian	MM – DD – YYYY _____ Date

The law states schools must keep student health information private. Your child's name will not be part of any report as a result of this law. This information may only be used for purposes related to your child's health. If you have questions, please call your school.

Return this form to the school *no later than* May 31 of your child's first school year.

Original to be kept in child's school record.

Oral Health Assessment Form

California law (*Education Code* Section 49452.8) says every child must have a dental check-up (assessment) by May 31st of his/her first year in public school. A California licensed dental professional must do the check-up and fill out Section 2 of this form. If your child had a dental check-up in the last 12 months, ask your dentist to fill out Section 2. If you are unable to get a dental check-up for your child, fill out the separate Waiver of Oral Health Assessment Requirement Form.

This assessment will let you know if there are any dental problems that need attention by a dentist. This assessment will also be used to evaluate our oral health programs. Children need good oral health to speak with confidence, express themselves, be healthy and, ready to learn. Poor oral health has been related to lower school performance, poor social relationships, and less success later in life. For this reason, we thank you for making this contribution to the health and well-being of California's children.

Section 1: Child's Information (Filled out by parent or guardian)

Child's First Name:	Last Name:	Middle Initial:	Child's Birth Date: MM – DD – YYYY										
Address:			Apt.:										
City:		ZIP Code: 											
School Name:	Teacher:	Grade:	Year child starts kindergarten: Y Y Y Y										
Parent/Guardian First Name:	Parent/Guardian Last Name:		Child's Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female										
Child's Race/Ethnicity:	<table><tr><td><input type="checkbox"/> White</td><td><input type="checkbox"/> Native American</td></tr><tr><td><input type="checkbox"/> Black/African American</td><td><input type="checkbox"/> Multi-racial</td></tr><tr><td><input type="checkbox"/> Hispanic/Latino</td><td><input type="checkbox"/> Native Hawaiian/Pacific Islander</td></tr><tr><td><input type="checkbox"/> Asian</td><td><input type="checkbox"/> Unknown</td></tr><tr><td><input type="checkbox"/> Other (please specify)</td><td></td></tr></table>			<input type="checkbox"/> White	<input type="checkbox"/> Native American	<input type="checkbox"/> Black/African American	<input type="checkbox"/> Multi-racial	<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Native Hawaiian/Pacific Islander	<input type="checkbox"/> Asian	<input type="checkbox"/> Unknown	<input type="checkbox"/> Other (please specify)	
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<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Native Hawaiian/Pacific Islander												
<input type="checkbox"/> Asian	<input type="checkbox"/> Unknown												
<input type="checkbox"/> Other (please specify)													

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Section 2: Oral Health Data Collection (Filled out by a California licensed dental professional)

IMPORTANT NOTE: Consider each box separately. Mark each box.

Assessment Date: MM – DD – YYYY	Untreated Decay (Visible Decay Present) <input type="checkbox"/> Yes <input type="checkbox"/> No	*Caries Experience (Visible decay and/or fillings present) <input type="checkbox"/> Yes <input type="checkbox"/> No
Treatment Urgency: <input type="radio"/> No obvious problem found <input type="radio"/> Early dental care recommended (caries without pain or infection; or child would benefit from sealants or further evaluation) <input type="radio"/> Urgent care needed (pain, infection, swelling or soft tissue lesions)		
<div style="display: flex; justify-content: space-between; align-items: flex-end;"> <div>_____ Licensed Dental Professional Signature</div> <div>_____ CA License Number</div> <div>_____ Date</div> </div>		

*Check “Yes” for Caries experience if there is presence of untreated decay or fillings
Check “No” for Caries experience if there is no untreated decay and no fillings

Section 3: Follow-up to Urgent Care (Filled out by entity responsible for follow up)

Parent notified that child has urgent dental care need on:	MM – DD – YYYY
A follow-up appointment for this child has been scheduled for:	MM – DD – YYYY
Did child receive needed treatment? <input type="radio"/> Yes <input type="radio"/> No (If no, entity responsible for follow-up will be encouraged to check back in with parent) <input type="radio"/> I don't know	

The law states schools must keep student health information private. Your child's name will not be part of any report as a result of this law. This information may only be used for purposes related to your child's health. If you have questions, please call your school.

Return this form to the school *no later than* May 31st of your child's first school year.

Original to be kept in child's school record.

Keep Our School Healthy



- **Teach kids to cover their cough.**

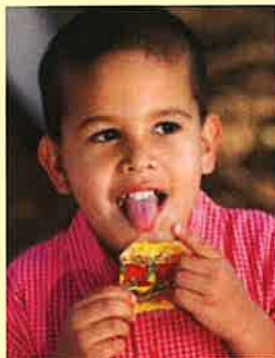


- **Teach kids to wash hands for 20 seconds, often, with soap.**



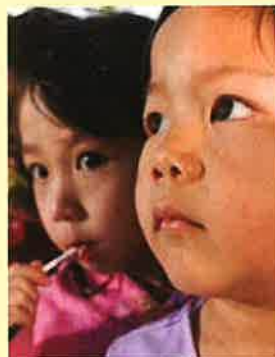
- **Prevention through Vaccination.**

Did you know there is lead in some candy?



Lead has been found in some candies, including chili and tamarind candy from foreign countries.

The lead in the candy can come from many places. It can be in the soil where ingredients for candies are grown. It can be in the factories where candy is made. It can even be in the ink on the candy wrappers. People selling these candies may not know there is lead in it. **You can't tell if candy has lead in it just by looking at it or tasting it.**



What is lead poisoning and how does it hurt children?

Lead is a dangerous metal found in nature. It can be found in paint, dirt, and dust. It can also get into some things we eat. Even very small amounts of lead are not safe for children. **A child can have lead poisoning and not look or act sick.** Lead hurts a child's brain and causes problems that can't be reversed.

Samples of candy in California have only been regularly tested for lead in the last 15 years.

No one is sure if lead in candy from foreign countries is a new problem or an old problem. What we are sure of is that lead is dangerous for children.



What is being done about lead in candy?

Some candies have been banned and can't be sold in the United States. Candies from different countries are being tested for lead. Mexican and American companies in Mexico are being visited to make sure their candy is safe.

What should I do for my children and family?

Ask your health care provider if your child should be tested for lead. Most children are tested when they have their regular check-up at 1 and 2 years old.

How can I get more information about lead?

Ask your child's health care provider and contact your local Childhood Lead Prevention Program at (530) 225-5122. They can give you information about lead and help get your child tested.

- For more information about lead in candy visit:

<https://www.cdph.ca.gov/Programs/CEH/DFDCS/Pages/FDBPrograms/FoodSafetyProgram/LeadinCandyFAQs.aspx>



**Is your
candy
safe?**